

Mental Health Survey

1. Please provide the Zip

Code of where you live:

ZIP CODE				
0	0	0	0	0
1	1	1	1	1
2	2	2	2	2
3	3	3	3	3
4	4	4	4	4
5	5	5	5	5
6	6	6	6	6
7	7	7	7	7
8	8	8	8	8
9	9	9	9	9



MARKING INSTRUCTIONS	
CORRECT: ●	INCORRECT: ✓ ✗ ○ ●

2. Please select your age range:

- 1 Under 12 years old
- 2 12-17 years old
- 3 18-21 years old
- 4 22-25 years old
- 5 Over 26 years old

3. What best describes your role in attending this event? Please mark one:

- 1 Parent
- 2 Youth
- 3 Professional
- 4 School Representative

Please mark one if you represent an agency:

- 1 I am representing a Not-for-Profit Agency
Agency Name: _____
- 2 I am representing a For-Profit Agency
Agency Name: _____
- 3 My Agency provides Mental Health Services
Agency Name: _____

4. Are we decreasing stigma associated with mental health? Please mark the answer that best describes your opinion of each statement below:

A. My school or school district is supportive of mental health.

- 1 Agree very much 2 Mostly agree 3 Somewhat agree 4 Mostly disagree 5 Disagree very much

B. My community promotes mental health awareness.

- 1 Agree very much 2 Mostly agree 3 Somewhat agree 4 Mostly disagree 5 Disagree very much

C. I am aware of community mental health services available to children and adolescents.

- 1 Agree very much 2 Mostly agree 3 Somewhat agree 4 Mostly disagree 5 Disagree very much

D. I am comfortable sharing a mental health problem with my family or a peer.

- 1 Agree very much 2 Mostly agree 3 Somewhat agree 4 Mostly disagree 5 Disagree very much

E. In my community, there is a stigma for those experiencing mental health problems.

- 1 Agree very much 2 Mostly agree 3 Somewhat agree 4 Mostly disagree 5 Disagree very much

F. I feel that events like today help decrease stigma.

- 1 Agree very much 2 Mostly agree 3 Somewhat agree 4 Mostly disagree 5 Disagree very much

5. What you want us to know:

PLEASE DO NOT WRITE IN THIS AREA





Just for Teens: My Voice Counts Here Survey!

This is a survey to help us better understand how teens and young people feel. It also helps us understand what kinds of things we need to put in place to help you. If you could fill out this survey and return it to us this would be very helpful. This survey is "Just for Teens". Your voice is important to us! Thank you!

Deborah Porter

Family Voices Network of Erie County

(716) 898-6134 - dporter@buffalo.edu

This is the meaning of mental health. Please read:

Mental health is how you feel, think or act in certain situations. How you look at life, see yourselves or other people. How you handle problems, make choices or deal with things that stress you out and how you get along with other people. Sometimes people take medicine to help with controlling their feelings/emotions and their behaviors.

General Information

1. Please write the zipcode where you live:

2. Please select one:

- I am 12 - 14 years old
- I am 15 - 18 years old
- I am a teen parent

3. Please circle your gender:

- Male
- Female

Mental Health

1. Please read the following statements and mark the answer that best describes your opinion.

(Only fill in one answer for each statement):

	<u>YES</u>	<u>NO</u>	<u>I Don't Know</u>
My school supports and helps me handle my problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My school has a school counselor I can talk to about things that bother me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have someplace in my school where I can go to get help with my behavior problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other than my teacher, I am aware of another place in my school where I can go if I have a problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have talked to my school counselor at least once about a problem I had.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have talked to a teacher at least once about a problem I had.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Where I live, there are people who do not treat others well because they look or act differently.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People around me sometimes pick on other people because they act or look different.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have seen shy people picked on because they are very quiet.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would tell my friends if I was taking medicine to help with my behavior.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would tell my friends if I am seeing a counselor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know about programs or places in my neighborhood that help young people with their problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel I can share my problems with my family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel I can share my problems with very close friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Getting Help

1. Please mark yes or no to each of the following statements:

Where I live or in my neighborhood, I know where to go to find help...	<u>YES</u>	<u>NO</u>
1. with my problems	<input type="radio"/>	<input type="radio"/>
2. when I do not get along with other people	<input type="radio"/>	<input type="radio"/>
3. when I need help to handle a problem the right way without violence or anger	<input type="radio"/>	<input type="radio"/>
4. when I need someone to talk to	<input type="radio"/>	<input type="radio"/>
5. when I am stressed out	<input type="radio"/>	<input type="radio"/>

Children's Mental Health Awareness Day Plenary Evaluation

1. Please provide the Zip Code of where you live:



MARKING INSTRUCTIONS
 CORRECT: ● INCORRECT: ✗ ○

ZIP CODE				
0	0	0	0	0
1	1	1	1	1
2	2	2	2	2
3	3	3	3	3
4	4	4	4	4
5	5	5	5	5
6	6	6	6	6
7	7	7	7	7
8	8	8	8	8
9	9	9	9	9

2. Please select your age range:
- Under 12 years old
 - 12-17 years old
 - 18-21 years old
 - 22-25 years old
 - Over 26 years old

3. What best describes your role in attending this event? Please mark one:
- Parent
 - School Representative
 - Youth
 - Professional
- Please mark one if you represent an agency:
- I am representing a Not-for-Profit Agency
Agency Name: _____
 - I am representing a For-Profit Agency
Agency Name: _____
 - My Agency provides Mental Health Services
Agency Name: _____

4. Are we decreasing stigma associated with mental health? Please mark the answer that best describes your opinion of each statement below:
- A. My school or school district is supportive of mental health.
 Agree very much Mostly agree Somewhat agree Mostly disagree Disagree very much
 - B. My community promotes mental health awareness.
 Agree very much Mostly agree Somewhat agree Mostly disagree Disagree very much
 - C. I am aware of community mental health services available to children and adolescents.
 Agree very much Mostly agree Somewhat agree Mostly disagree Disagree very much
 - D. I am comfortable sharing a mental health problem with my family or a peer.
 Agree very much Mostly agree Somewhat agree Mostly disagree Disagree very much
 - E. In my community, there is a stigma for those experiencing mental health problems.
 Agree very much Mostly agree Somewhat agree Mostly disagree Disagree very much
 - F. I feel that events like today help decrease stigma.
 Agree very much Mostly agree Somewhat agree Mostly disagree Disagree very much

5. What you want us to know:
